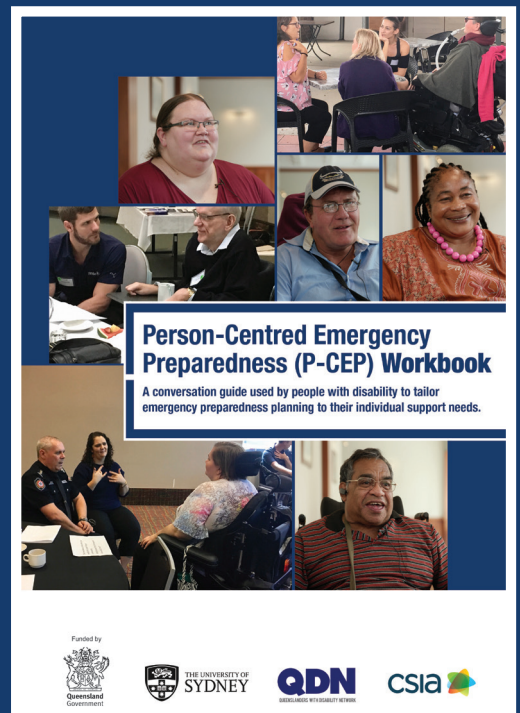


Person-Centred Emergency Preparedness (P-CEP)

The P-CEP helps to match emergency planning to the supports people need for their health and safety in emergencies.



To view the workbook:
www.collaborating4inclusion.org/pcep/

The P-CEP has three components:

1

A Capability Wheel



The capability wheel guides self-assessment and tailored emergency preparedness planning in eight areas.

2

Three Principles

PRINCIPLES

- 1 Emergency preparedness is a process, not a one-time event.
- 2 People are experts in their lives, planning starts with them.
- 3 Person-centred planning conversations build capability of multiple stakeholders toward disability inclusive disaster risk reduction.

Three principles guide person-centred emergency preparedness conversations.

3

Four Steps

1	Identify your strengths and support needs in everyday life
2	Know your level of emergency preparedness and learn about your disaster risk
3	Plan for how you will manage your support needs in an emergency
4	Communicate the plan with the people in your support network and address gaps through collaboration

Four steps bring emergency personnel together with people with disability and the services that support them to enable effective risk communication and preparedness actions.